

**Resume of Jessica Revill Ph.D.
Psychologist**

45 Shaw Street Petersham

0425 377 909

Jessica@heartmenders.com.au

NSW psych registration # PS0077743

Education

Ph.D. UCLA Educational psychology 2002.

[Specialization in learning and development across diverse populations.](#)

M.A. Clinical Psychology Cal State University, Los Angeles 1993

[Specialization in cognitive psychology.](#)

BA (hons) English Literature Brighton University 1984.

[Literature and history.](#)

Career Appointments

Heart Menders Counseling Service. 2004 to date.

Heart Menders is a counseling service specializing in **Adolescents** and **Adults**.

www.Heartmenders.com.au

Lecturer, Psychology for Social Work, Sydney University 2008-9

I lecture and tutor social work students prior to their placements. Topics include: domestic violence, child abuse, grief, suicide, HIV, psychopathology and de-individuation.

Tutor, Society and Health UNSW School of public health 2007-to date

I tutor medical students during their clinical placements. These placements frequently expose them to areas of public and allied health. My aim is to frame their understanding of a process or facilitative approach to patient care.

Consulting Psychologist, St George Division of General Practice 2005 to 2009

The Australian Division of General Practice runs a programme called 'Access to Allied Health'. Under this programme I see patients for six to twelve sessions. Using a CBT programme and an eclectic mix of psychological tools I treat moderate cases of anxiety, depression, phobias and adjustment disorders. I deal mainly with adolescents and their families. When needed I have written court reports and assessments for clients in need of them.

A major part of my role is to tutor GP members in aspects of mental health as part of their continuing education units. I have lectured on topics such as:

Adolescent Mental Health Diagnosis

Eating Disorders

Techniques for interviewing resistant clients
Motivational Interviewing
Resilience

Consulting Psychologist, South East Sydney Division of General Practice 2005 to date Central Sydney Division of General Practice 2005 to date

As with the St. George Division, I see cases of anxiety, depression, phobias and adjustment disorders. As a consultant I deal with many general practitioners trying to fashion solutions for adult patients who cannot solve these difficulties alone or simply on a medical basis.

Psychologist, Sydney/ACT ITIM Australia 2003-2004

ITIM is an employee assistance provider offering counseling, training, mediation and critical incident assistance Australia wide. The position required me to treat corporate clients from such organizations as Qantas, Kimberly Clark and Sydney Water. These clients generally sought counseling for marriage and family problems. I treated both individuals and family groups.

Overseas appointments

Community Mental Health, Los Angeles, 1995-1998

Working with adolescents and families with an array of psychological and social problems. All with a GAF of 50 or below. These clients were county referrals or sometimes court order referrals. I engaged in individual and family therapy. I have also developed and conducted groups for such challenges as addiction, domestic violence, anger management and divorce mediation. My specialization in individual therapy was adolescents suffering from anxiety and/or depression.

Behavioural Specialist, Los Angeles Unified School District 2001-2002

Working with adolescents in a support unit with a variety of emotional/behavioural disturbance. Developing and implementing individual education programmes which set both academic and behavioural goals. I also worked closely with the families of these students to provide consistency of treatment and to ensure that our goals and objectives were aligned.

Psychology and Education lecturer, Mt. San Antonio College and Cal State LA 1998-2002

Adjunct professor at two American colleges that cater to first generation, minority students. I was involved with a major affirmative action project to promote graduate education among minority youth.

Classes taught:

Cross Cultural psychology
Cognitive development
Developmental psychology
Foundations of education
Social research methodology
Critical thinking
Human Sexuality

Radio Journalist ABC Australia 1988-1989

Current affairs reporting on "The World Today", and "AM" ABC Radio

Academic Publications

"Ethnic Identity and American Identity Among Ethnic Minority Youth." In:
Journeys into cross cultural psychology. Swets and Zeitlinger, 2000.
"Dissertation topic: Cognitive style and sense of audience in the college writer."

Presentations

"Mean Girls: Relational Aggression and Bullying in High Schools" Penshurst High School and Beverly Hills High School 2007 workshop/experiential learning format
"Why Does Everyone Piss Me Off?: Anger Management for Teens." Kogorah High 2007.
"Adolescent Triage, Diagnosis and Intervention." St George Division of General Practice Retreat, 2006
"Adolescence: Mission Impossible." Public Talk Rockdale Rotary 2006
"Men and Divorce" Seminar Eastern Division of General Practice, 2005
"Adolescents and Body Image" Small group learning, Australian Division of General Practice, July, 2005
"Interviewing patients for psychiatric conditions." Australian Division of General Practice, May, 2005
"Dealing with Difficult Clients" Invited Speaker, Kingsford Legal Aid, March, 2005
ITIM "The psychology of diversity in the workplace." Invited audience of HR managers 2004
ITIM "The psychology of retirement." 2004, a presentation for Sydney Water
APA 2000, Washington DC "Ethnic identity and American Identity." Poster presentation.
"Pigs in sheep's clothing: Women who are sexist to other women." Cal State L.A. Women's lecture series. 2000

Academic Honors/committee work

Judge, Student Symposium, Cal State LA 2002

Academic senate representative UCLA 1998-2000

Editor Graduate Student News UCLA 1997-1998

Exceptional student honor, Cal State L.A. 1993